

# Cook + Phillip Park

## Centre Access Information

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### About Cook and Phillip Park

Located near the heart of the city centre by St Mary's Cathedral, Cook + Phillip Park is a high-quality swimming and fitness facility. Cook and Phillip Park includes a heated 8 lane 50 metre lap swimming pool, 1 leisure pool (with it's own wave machine) and 1 hydrotherapy pool. It has 1 indoor multipurpose stadium and 1 cardio and weights fitness gym. There is a group fitness room for timetabled classes located on level 1.

### Getting to Cook + Phillip Park

#### Public transport

There are several buses that stop next to or are in close distance from Cook + Phillip Park. These include the 389, 324 and 325 which stop within 50 metres of the entrance on William Street. There are several buses that stop within 5 minutes from the centre on Park Street and Elizabeth street.

The closest train stations are Town Hall Station which is 750 metres away or St James Station which is 450m away.

To plan your trip, visit [Transport for NSW](#) or call 131 500.

## Driving or parking

There is no on-site dedicated parking at Cook + Phillip Park. There is a privately-operated car park next door to the centre, with reduced parking fees for those accessing the centre. The car park has several disabled parking spots on ground level.

There is also paid 1 hour and 2 hour street parking within 5 minutes' walk of the centre on surrounding streets. Street parking turns to paid 4 hour parking after 6pm.

## Taxis and private vehicles

There is no designated set down area for taxis and private vehicles at Cook + Phillip Park, though it is possible for taxi drop offs at the entrance to the private car park on Cathedral Street besides the centre.

## Entrance

The pathway to the main pedestrian entrance includes a shallow incline from the footpath to Cook + Phillip Park from William Street side entrance. If approaching from College Street, besides St Mary's Cathedral, the centre is accessible via lift to reception (level 2) or by a flight of stairs down to the entrance.

The doorway includes automatic double sliding glass doors at entry, and double out swinging glass doors on exit.

## Customer service

Cook + Phillip Park reception desk is level with and adjacent to the entrance through the glass sliding doors. The desk is not at a wheelchair accessible height but staff will assist in any way possible to promote ease of access.

## Toilets and change room facilities

There are male and female changing rooms and toilets, as well as a unisex family room and accessible change room and bathroom on the entry level floor of the centre (level 2). These can be found by following the walkway

from reception turning right before the entrance to the gym and by then following the walk way round to the left past the lockers.

There are also male and female toilets, as well as a unisex family room and accessible change room and toilet on the lower floor of the centre next to the stadium (level 1). These are accessible via either the stairs or the lift.

There are also male and female toilets, as well as a unisex family room and accessible change room and toilet on the lower floor of the centre at the end of the 50-metre lap swimming pool (level 1). These are accessible via either the stairs or the lift and can be found on the right past swimming pool and the Swim School Office.

Each of the family and accessible change rooms offer baby change facilities, but have adult changing tables installed. If adult changing table facilities are required it is recommended to visit Prince Alfred Park Pool or Andre (Boy) Charlton Pool.

### **Lifts, stairs and passageways**

There is a lift at Cook + Phillip Park that provides access to the centre via College Street (level 3) to both reception and the gym (level 2), as well as access to the swimming pools and the stadium (level 1).

Access to the swimming pool and the stadium are down a flight of stairs from reception. There is a continuous handrail on the left-hand side of the stairs if going either up or down. Access to the gym is via a flat walkway across the mezzanine past reception.

There is ramp access for entry to both the hydrotherapy and the leisure pool. If required there is a mobility ladder and accessibility hoist situated in the shallow end of the 50-metre lap swimming pool. Please notify staff if you require assistance in accessing the pool with the aid of the hoist.

### **Audio communication**

There is no hearing loop available at Cook + Phillip Park.

## Find out more

To find out more about Cook + Phillip Park and the activities on offer, contact Cook + Phillip Park staff on (02) 9326 0444 or [info.cpp@belgravialeisure.com.au](mailto:info.cpp@belgravialeisure.com.au) .